



LAP

MRS. MOULTON'S *Favorite Things*



Birthday: December 28th

Places to Shop: Target, Amazon

Restaurants: Red Pepper, The Duvall Grill, Grateful Bread

Chocolate - Milk or Dark?: Neither

Snacks: Anything BBQ flavored

Treats: Safeway Cake, jolly ranchers, flavored licorice

Drinks: Diet Coke

Starbucks Drink: Unsweetened Passion Tea or Steamed Almond Milk

Team(s): Seahawks

Color: Teal

Hobbies: Art projects, Spending time outside with my kids

Ways to Treat Yourself: Pedicures

Dietary Restrictions: None

Lunch Preferences: If I could have lunch delivered, it would be...

OPTION 1

Grateful Bread:
Turkey sandwich with
lettuce, tomato,
cucumbers, and mayo

OPTION 2

Quiznos:
Turkey, Ranch, Swiss on
wheat bread with pickles

OPTION 3

Best Teriyaki:
Shrimp Tempura Roll

Do I love...?

Movies

YES or **NO**

Theater: AMC

Candles/Lotion

YES or **NO**

Type:

Flowers/Plants

YES or **NO**

Type: House plants

Anything you would prefer not to receive/already have enough of?

Anything else we should know?

Thank you for your support!





Counselor

KIM SHEELY'S

Favorite Things



Birthday: February 25th

Places to Shop: Amazon, Barnes & Nobles

Restaurants: Grateful Bread, Duvall Grill

Chocolate - Milk or Dark?: Dark chocolate

Snacks: Cheetos, Pringles, Almonds

Treats: Altoids, Werther's Original, trail mix, peanut butter M&M's

Drinks: Diet Coke, Manny's

Starbucks Drink: Grande Latte Oat milk with 1 Raw Sugar

Team(s): Sounders, Cougars

Color: Yellow and Hot Pink

Hobbies: Walking, reading, puzzles, eating out

Ways to Treat Yourself: Pedicure, reading, puzzles

Dietary Restrictions: Lactose

Lunch Preferences: If I could have lunch delivered, it would be...

OPTION 1

Grateful Bread:
Club sandwich and chips

OPTION 2

Duvall Tavern:
BLT

OPTION 3

Amarillo:
Cowboy cavier brisket sandwich

Do I love...?

Movies

YES or NO

Theater:

Candles/Lotion

YES or NO

Type: Any candles

Flowers/Plants

YES or NO

Type: Lily, Tulips

Anything you would prefer not to receive/already have enough of?

Anything else we should know?

My favorite brewery is Big Block!



ASHLEY HOLERUD'S *Favorite Things*



Birthday: June 5th

Places to Shop: Amazon

Restaurants: Ixtapa, Thai Duvall, Panera

Chocolate - Milk or Dark?: Milk chocolate

Snacks: Skinny Pop, Tim's Plain Chips, anything with hummus (Veggies/Pretzels)

Treats: n/a

Drinks: La Croix type drinks

Starbucks Drink: White mocha with almond milk

Team(s): UW Anything

Color: Pink and purple

Hobbies: Candle making, crafts

Ways to Treat Yourself: Not sure...

Dietary Restrictions: No sweets, limit dairy, trying to stay gluten free

Lunch Preferences: If I could have lunch delivered, it would be...

OPTION 1

Ixtapa:
Chicken Burrito

OPTION 2

Pad Thai - Chicken with
zero stars

OPTION 3

Caesar anything - salad,
wraps, etc.

Do I love...?

Movies

YES or **NO**

Theater: Redmond Regal, or
Monroe Galaxy

Candles/Lotion

YES or **NO**

Type: Aveeno

Flowers/Plants

YES or **NO**

Type: Any hard to kill plants!

Anything you would prefer not to receive/already have enough of?

Candles - as I make them myself! :)

Anything else we should know?

Thank You!





EA

STACEY MCGRATH

Favorite Things



Birthday: September 10th

Places to Shop: REI, Target

Restaurants: Ixtapa, Silverspoon

Chocolate - Milk or Dark?: Both!

Snacks: Popcorn

Treats: Swedish fish, molasses cookies

Drinks: Bubbly water (any flavor)

Starbucks Drink: Dirty Chai

Team(s): Not a big sports fan

Color: Green and blue

Hobbies: Hiking, skiing, gardening

Ways to Treat Yourself: Pedicures

Dietary Restrictions: None

Lunch Preferences: If I could have lunch delivered, it would be...

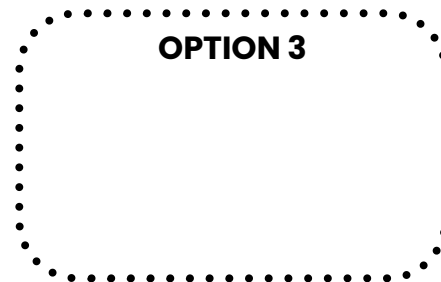
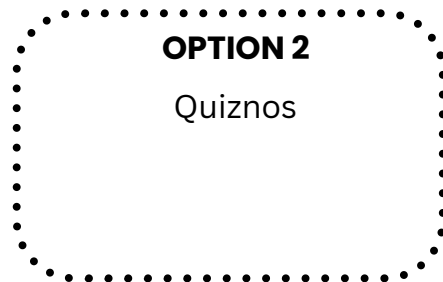
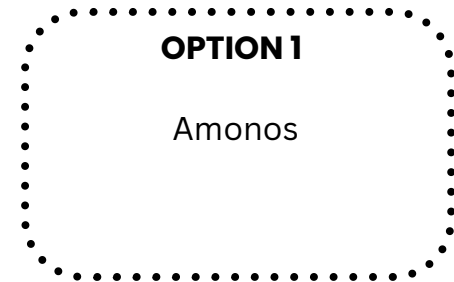
OPTION 1

Amonos

OPTION 2

Quiznos

OPTION 3



Do I love...?

Movies

YES or **NO**

Type: AMC

Candles/Lotion

YES or **NO**

Type:

Flowers/Plants

YES or **NO**

Type: Any House plants

Anything you would prefer not to receive/already have enough of?

Anything else we should know?

